

## CURRICULUM VITAE

**Date of Revision:**     October 19, 2025

**Name:**             Dr. Sajjad Sadeghi, MD, PhD.

### **Education:**

2006	<b>Diploma of experimental sciences</b> Tehran, Iran.
2006-2014	<b>Doctor of Medicine (M.D)</b> Semnan University of Medical Sciences, Semnan, Iran.
2016-2019	<b>Ph.D. of Traditional Iranian (Persian) Medicine</b> School of Traditional Medicine, Shahid Beheshti University of Medical Sciences

### **Career/Academic Appointments:**

Faculty Member (Assistant Professor) in School of Traditional Medicine, Shahid Beheshti University of Medical Sciences from December 2023.

### **Administrative Positions:**

- **Head of Development of Medical Education Office**  
School of Traditional Medicine, Shahid Beheshti University of Medical Sciences from February 2023.
- **Manager of Iranian Traditional Medicine clinic**  
School of Traditional Medicine, Shahid Beheshti University of Medical Sciences from February 2023.
- **Deputy of Education**  
School of Traditional Medicine, Shahid Behshti University of Medical Sciences, Tehran, Iran (from May 2024).

[Type here]

**Lectures, Courses, Web-based Education:** *(If you have presented or participated in any lecture, educational courses or web-based education, during the last 5 years mention their subject or title)*

- April 22th, 2024. 1st International Symposium on the place of Avicenna in the medicine and pharmacy, Tehran, Iran.
- August 9-11, 2023. 7<sup>th</sup> International Iranian Heart Failure Summit, Management of Hypertension in Iranian Traditional Medicine.

## PROFESSIONAL SERVICE

**Peer Review Groups/Grant Study Sections :** *( Membership in research committees)*

2023: Member of educational and research council of Iranian Traditional Medicine School, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

**Journal Service:** *(Membership in the editorial board, being a journal director, chief editor or the journal reviewing board or any related position)*

2020: Reviewer of the Research Journal of Pharmacognosy (Indexed ISI and Scopus)

**Professional Organizations:** *(Membership in the Professional and specific Organizations)*

2023: Invited member of Academy of Medical Science of the Islamic Republic of Iran, Iran.

2019: Member of Scientific Association of Iranian Traditional Medicine

2017: Member of Medical Council of Iran

## Bibliography:

### Peer-Reviewed Original Research:

1. Fakhr Movahedi A, Yousefpour M, **Sadeghi S**. Comparison of teaching behaviors of clinical nursing instructors from the perspective of nursing students of the public and private Universities of Semnan in 2012. The Journal of Medical Education and Development. 2013
2. **Sajad Sadeghi**, Golam Hossain Mahdavi Nejad, Alireza Sadeghi, Hanieh Farhidzadeh. Review and Classification of Agree View and Against View about Islamic Medicine. *Tārīkh-i pizishkī*. 2013
3. Hamid-Reza Sameni, Majid Jadidi, **Sajad Sadeghi**, Shima Sharifi, Abbas Ali Taherian. Effects of hydroalcoholic extract of *Securigera securidaca* L. seed on acute, chronic and visceral pain in male albino mice. Koomesh. 2015
4. **Sajad Sadeghi**, Gholam Hosein Mahdavinejad, AliReza Sadeghi, Ensieh Farhidzadeh. Islamic Medicine Theory and agree views. *Tārīkh-i pizishkī*. 2016
5. Taherian A, Sameni H, **Sadeghi S**, Taherian M. The role of opioid receptors on anti-nociceptive effects of hydroalcoholic extract of *securigera securidaca* L. seed in albino mice, The Journal of Pain. 2016
6. **Sadeghi S**, Ghaffari F. Physician's Professional Competence Exam in Adab al-Tabib. J of Islamic and Iranian Traditional Medicine. 2017

7. **Sadeghi S**, Ghaffari F, Alizadeh M. Al-Masā'il fi al-tibb: Hunain ibn Ishāq's historic medical text with a distinctive style of Islamic medical education. J Med Biogr. 2018
8. **Sadeghi S**, Ghaffari F. Constabulus, a medieval pioneer in travel medicine. J Travel Med. 2018
9. **Sadeghi S**, Ghaffari F. The Challenge of Medical Charlatanism in Adab al-Tabib: A Historical Review, J of Research on the history of Medicine. 2019
10. **Sadeghi S**, Ghaffari F, Sohrabi M, Heydarirad G. Physician burnout, a new term, a well-known concept in the medieval era: a thematic review of Ruhawi's Adab al-Tabib. Irish Journal of Psychological Medicine. 2019
11. **Sadeghi S**, Ghaffari F, M, Heydarirad G, Alizadeh M. Galen's place in Avicenna's The Canon of Medicine: Respect, confirmation and criticism. J Integr Med. 2020
12. Heydarirad G, **Sadeghi S**. Clinical trials for controlling cancer complications based on principles of Persian medicine. Journal of Basic and Clinical Pathophysiology. 2020
13. Alizadeh M, Dahmardehei M, Fahimi Sh, **Sadeghi S**, Mokaberinejad R. Comparing the Effects of a Herbal Ointment (Based on Persian Medicine) and Silver Sulfadiazine Ointment on the Second-Degree Burn Wounds: a Single-Blind Randomized Clinical Trial. Research Journal of Pharmacognosy (RJP). 2020
14. **Sadeghi S**, Bahrami R, Raisi F, Rampisheh Z, Ghobadi A, Akhtari E. Evaluation of the effect of carrot seed (Daucus Carota) in women of fertile age with hypoactive sexual desire disorder: A randomized double-blind clinical trial. Complement Ther Med. 2020
15. Aliannezhadi V, Alizadeh Vaghasloo M, Keshavarz M, **Sadeghi S**, Ilkhani R. A Review of Aromatherapy for Cardiovascular Disorders: From Persian Medicine to Current Evidence. Crescent Journal of Medical and Biological Sciences. 2021
16. Malekzadeh Moghani M, Moghtadaei M, Sonboli A, **Sadeghi S**, Riahi SM, Heydarirad G. Effects of Chicory and Fumitory on Hot Flashes of Breast Cancer Survivors Compared to Venlafaxine: A Randomized Clinical Trial. J Complement Med Res. 2021
17. Arefi Oskouie A, Soraki Aliabad H, Choopani Zanjani R, Kaveh Sh, **Sadeghi S**, Hashemi Chelav L, Fayaz M. Metabolomics: A New Perspective to Persian Medicine. Journal of Pharmaceutical Negative Results. 2022
18. **Sadeghi S**; Ghaffari F; Mofid B; Mehri Ardestani M; Heydarirad G. Effects of Chicory-Fumitory Syrup on Hot Flashes in Comparison with Megestrol in Prostate Cancer Patients: a Randomized Controlled Clinical Trial. Research Journal of Pharmacognosy (RJP). 2023
19. **Sadeghi S**, Dostmohammadi E, Firoozi M. Glisson's Capsule in The Avicenna's Canon of Medicine. Hepatobiliary Surgery and Nutrition. 2023, 12 (5).
20. Tavakoli Kashani A, Mansouri Kargar H, **Sadeghi S**. Relationship between Mizaj (Temperament) and Professional Driving Behavior: A Survey among Bus Drivers. 2023. 25(12).
21. **Sadeghi S**, Mokaberinejad M, Moini Jazani A, Saharkhiz N, Shariati M et al. Evidence-based interventions of Persian Medicine in the management of oligomenorrhea and abnormal uterine bleeding: Literature review and expert opinion. Journal of Islamic and Iranian Traditional Medicine. 2023, 14(3).
22. **Sadeghi S**, Khademi E, Mojahedi M. The report of the first expert panel of gastrointestinal diseases in Persian Medicine based on scientific evidence. Journal of Islamic and Iranian Traditional Medicine. 2024, 14(4).

23. Shahrestani S, Yousefi M, **Sadeghi S**, Khadem E, Shahrestani S, Ghorat F. A review of Evidence-based interventions of Persian medicine in the treatment of functional dyspepsia. *jiitm* 2024; 15 (1) :1-14
24. **Sadeghi Sajjad**, Roshanak Mokaberinejad, Marzieh Qaraaty, Jazani Arezoo Moini, Nasrin Saharkhiz, Mona Shariati, Samaneh Kashi et al. "Evidence-based interventions of Persian Medicine in the management of oligomenorrhea and abnormal uterine bleeding: Literature review and expert opinion." (2023): 165-174.
25. **Sadeghi S**. A Case Report of Prolonged Hemorrhage Following Traditional Phlebotomy. *Journal of Pharmacopuncture*. 2024, 27(1).
26. ABBAS JOUSHAN, HAMID REZA HATAMI, KHOSROW AGIN, HOORIEH MOHAMMADI KENARI, **SAJJAD SADEGHI**, RASOOL CHOOPANI. The effect of wet cupping therapy on the clinical symptoms of adult-onset asthma: a randomized clinical trial. *Turk J Med Sci*, (2024) 54: 838-846.
27. Ebrahimof S, **Sadeghi S**, Safarpour K, Ansaripour M, Qaraati M, Khadem E, et al . Report of the first expert panel on nutrition interventions based on Traditional Persian Medicine in the prevention and management of diseases. *jiitm* 2024; 15 (3) :229-234.
28. Daneshfard B, **Sadeghi S**, Cordato D. Neurological Complications of Cupping Therapy: A Comprehensive Review .*Complementary Medicine Research*. 2025 Apr 11; 32(2):151-9.
29. Aghighi Alaghejanban G, **Sadeghi S**, Alizadeh K, Ghobadi A, Broumand I, Eslami R. The Effects of “Dava al-Basal”, a Persian Medicine Product, on Sexual Dysfunction and Testosterone Levels in Men Undergoing Methadone Maintenance Treatment: a randomized Double-Blind Clinical Trial. *Research Journal of Pharmacognosy*. 2025 Jul 1; 12(3):13-21.
30. Yazdankhah Z, Aminimoghaddam S, Rahimi R, Kheiri S, Bioos S, **Sadeghi S**. Efficacy of a vaginal cream from *Cymbopogon citratus* oil in patients with endometrioma: a single-arm clinical trial. *Research Journal of Pharmacognosy*. 2024 Nov 24; 12(1):21-9.
- 31.

### Chapters, Books:

- **Sajjad Sadeghi**, Morteza Mojahedi, Mahdi Firoozi. Selected Clinical Trials of Persian Medicine in Gastrointestinal Disorders, Tehran (Iran): Katibeh Mandeghar; 2023. (In Persian)
- **Sajjad Sadeghi**, Morteza Mojahedi, Mahdi Firoozi. Selected Clinical Trials of Persian Medicine in Gynecology and Obstetrics Disorders, Tehran (Iran): Katibeh Mandeghar; 2023. (In Persian)
- Morteza Mojahedi, **Sajjad Sadeghi**, Mahdi Firoozi. Selected Clinical Trials of Nutritional interventions of Persian Medicine in Prevention and Treatment of Diseases. Tehran (Iran): Katibeh Mandeghar; 2024. (In Persian).
- **Sajjad Sadeghi**, Mohammadreza Fartookzadeh, Morteza Mojahedi. Introduction to Evidence Based Persian Medicine, Tehran (Iran): Toranjan; 2025. (In Persian)

[Type here]

**Invited Editorials, Commentaries, Reports and Case Studies:**

- **Published case report:**  
**Sadeghi S.** A Case Report of Prolonged Hemorrhage Following Traditional Phlebotomy.  
Journal of Pharmacopuncture. 2024, 27(1).